



You have been...

Invited!

TO MY **ROCK CLIMBING** PARTY AT
THE GLASGOW CLIMBING CENTRE
534 PAISLEY ROAD WEST
G51 1RN

ON AT

RSVP TO



Handy Info...

- Wear comfy "gym" style clothing. Loose jeans or trousers are perfect (we supply specialist footwear!)
- Long hair should be tied back (not up or in a bun, you'll be wearing a helmet!)
- Make sure there is nothing loose in your pockets.
- Avoid dangley jewellery!
- Any medical issues? Let us know!